

## HOW TO MAKE MOVING A POSITIVE EXPERIENCE FOR YOUR KIDS



**Moving with kids doesn't have to be nerve-wracking. Use the below tips to make this transition as easy as possible, for both you and your kids.**

1. Keep them in the loop
2. Give them some ownership
3. Take them to visit their new home
4. Stick to routines
5. Ask for help

### **Keep them in the loop so they know what to expect**

Let your kids know what to expect with the move. Get them excited while managing their expectations. It's better to be upfront about the process than set them on the path to disappointment.

### **Give them some ownership over the move**

Allow your kids to help make decisions, within reason, so they feel more involved. Planning their own room is an activity that can get them excited about as well as helping you in the moving process.

### **Take them to visit their new home & neighborhood**

This will give your kids something to look forward to. Show them around the neighborhood, their new school or local playgrounds. The more they know about where they're going, the less stressed they'll be.

### **Continue with your normal routines**

Keep everything as close to "business as usual", including routines, participation in extra-curricular activities and other day-to-day chores. This will help ease any anxieties associated with the move!

### **Ask for help from your friends and family**

Moving can be stressful and time consuming. Don't try to do everything on your own. Your neighbors, friends and family can always give you a hand. This will ease the experience for you and your family.

### **OUR OFFICE LOCATION**

4400 Post Oak Parkway, Suite 150  
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